



Your care. Your way.  
**Access your Teladoc  
benefits anytime.**

**General Medical**  
**free/visit**

Talk to a board-certified doctor or pediatrician 24/7 for non-emergency conditions.

Prescription refills • sinus infections • allergies • stomach bug • COVID-19 advice • and more

**Mental Health**

**Therapist: free/visit**

**Psychiatrist: free/first visit**

**Psychiatrist: free/ongoing visits**

Talk to a therapist or psychiatrist of your choice 7 days a week from anywhere.

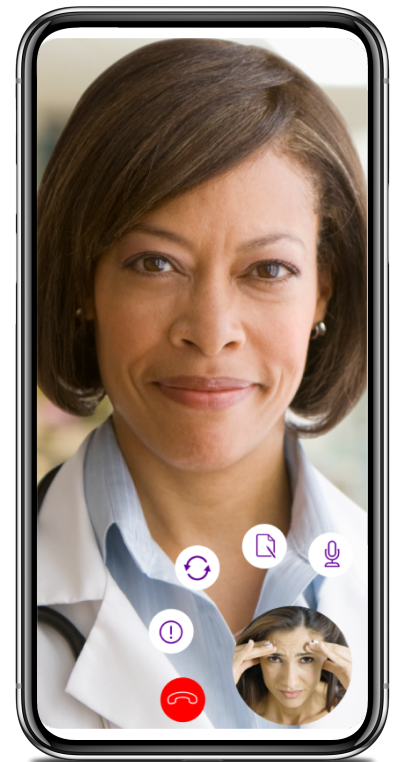
Stress and anxiety • depression • trauma • grief • burnout • medication management

**Dermatology**

**free/online review**



Upload images and details of your skin issue in the Teladoc app. A dermatologist will review them and provide a treatment plan within 24 hours. Follow up via in-app messaging for 7 days after your results.

Eczema • psoriasis • poison ivy • rashes • rosacea • and more



**Set up your account or log in to get started today**

Visit [Teladoc.com/Aetna](https://Teladoc.com/Aetna)

Call 1-855-TELADOC (835-2362) | Download the app  | 



# General Medical

24/7 access to doctors  
from anywhere

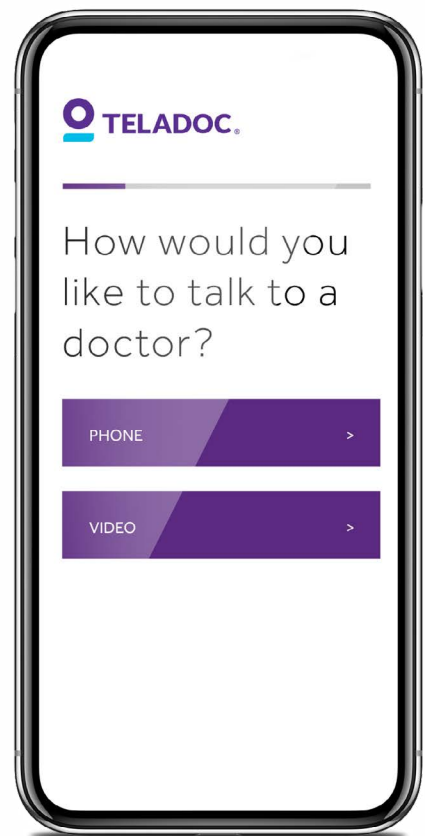


Talk to a U.S.-licensed doctor for non-emergency conditions 24/7 from anywhere you are. We treat:

- Bronchitis
- Flu
- Rashes
- Sinus infections
- Sore throats
- And more

## How it works:

- 1 Download the app, go online or call us to set up your account or log in
- 2 Complete or update a brief medical history
- 3 Request a visit and talk to a doctor within minutes



**Learn more**

Teladoc.com

# Feel like yourself again



Is therapy right for you?  
Scan this QR code to take the  
60-second quiz and find out.



Build a relationship with an experienced therapist or psychiatrist of your choice by video

## Our experts provide support for:

- Anxiety, stress, depression
- Mood swings
- Not feeling like yourself
- Relationship conflicts
- Trauma and PTSD
- Medication management

## Start making progress

1. Set up your account and fill out a brief medical history
2. Choose the expert you think will be the best fit for you
3. Pick the preferred dates and times that fit your schedule
4. Make progress from wherever you're most comfortable



## Get started—it's already part of your benefits

Visit [Teladoc.com/Aetna](https://Teladoc.com/Aetna)

Call 1-855-TELADOC (835-2362) | Download the app



# Dermatology

Personalized online reviews for new or ongoing skin issues

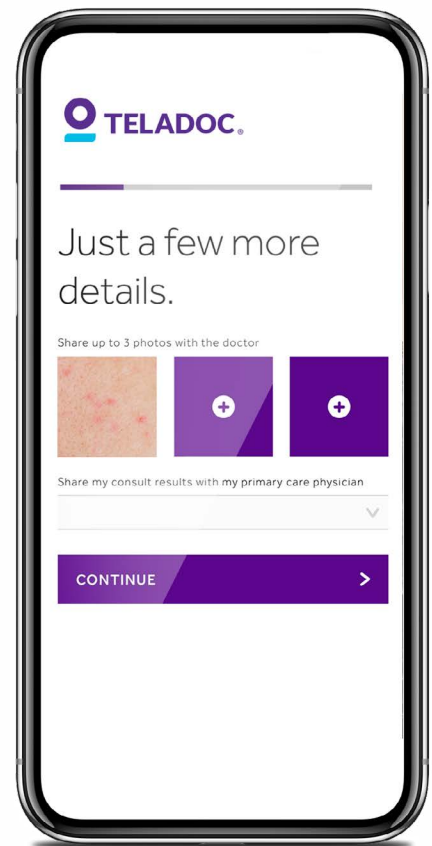


Upload images of a skin issue online or on the app and get a custom treatment plan within two days. We treat:

- Acne
- Eczema
- Raised moles
- Rashes
- Rosacea
- And more

## How it works:

- 1 Download the app, go online or call us to set up your account or log in
- 2 Complete or update a brief medical history
- 3 Upload images on the app or web and ask questions for up to seven days after you receive your custom diagnosis and treatment plan



**Learn more**

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